

Supreme TV-Ratings

The newly introduced Ryder Cup in table tennis, the Euro – Asia Cup, has brought very high ratings to Europe's leading sports channel Eurosport. More than 6.240.000 spectators in 59 European countries followed the close 6:5 victory of team Europe against a team from Asia. By that a table tennis programme got again very high ratings after the transmissions of the European Super Cup 2008. These excellent numbers of spectators are a result of the generally rising upward trend in the media of the sport table tennis. On the one hand the two hours lasting live coverage in the evenings of the 10th and 11th of November were responsible for the TV success of this new event. All table tennis fans who have missed the coverage on Eurosport or the deciding match between Samsonov and Li Ching and the brilliant win of Timo Boll against Wang Hao can watch the matches of the Euro – Asia Cup again can do so for free on the internet: www.DTTL.tv.

Polish Open: 17th Pro tour title for Boll

By beating his national team colleague, Bastian Steger, 4:0 in the final, Timo Boll won the title at the Polish Open for the fourth time after 2004, 2006 and 2008 in Warsaw. The 28 year old player from Duesseldorf, who received a cheque worth 16.000\$, won the final 11:9, 12:10, 11:2 and 11:7 against the challenger from Frickenhausen. This victory means altogether his 18th single title within the ITTF Pro Tour: in addition to his 17 tournament titles the number 4 of the world won the Grand Final of the best players of the year 2005. This time that tournament will take place from the 7th -10th of January in Macao and Boll is qualified as the number 2 of the overall results behind Olympic Champion Ma Lin (China). The title in the women's event went to Fan Ying (China), who beat the defender Park Mi Young from South Korea 4:1 after having won the doubles together with Wu Yang. The South Korean combination Oh Sang Eun/Kim Jung Hoon won the title in the men's doubles. **More about this on the next Page.**

In this issue:

	Pro Tour Grand Finals	02
	Butterfly inside New Trainer for Borussia Düsseldorf	03
	News	04
	Products of the month	05
	Dates/WRL (11/09)	07
	Interview Trinko Keen, Netherland	08
	TT-Basics Materialtalk with Taisei Imamura	10
	Technique Tips „New“! Timo Boll - Part 2	12
	Butterfly inside Rackleton-Championships	17
	Butterfly inside Summencamp	18



The Pro Tour Grand Finals' participants are determined.

Butterfly stars Timo Boll and Bastian Steger go strong in the Pro Tour finish



On the eve of November 29th the list of participants for the 2009 ITTF Pro Tour Grand Finals, which are held in Macao from January 7th – 10th, was published. During the last tournament this year But-

terfly partners Timo Boll and Bastian Steger once again succeeded in their game. Boll won the Polish Open's singles competition for the fourth time after 2004, 2006, and 2008, whereas Bastian Steger claimed his best results of his singles career by entering the final match. Robert Gardos (Austria) completed the impressive success of the „Butterflies“ in Warsaw by entering the semi-finals, where he lost to Steger. The doubles title went to the South Korean star Oh Sang Eun (with Kim Jung Hoon).

After 14 tournaments of the 2009 season an overall review can be made: Although being injured for several months in the spring, Timo Boll was one of the outstanding players of the 2009 Pro Tour, next to Ma Lin (China). The world's fourth ranked from Duesseldorf won three high class Pro Tour events in Qatar (where he beat Olympic champion

Ma Lin), Germany, and in Poland. On top of that the three times European singles champion qualified for the doubles along with his long term partner Christian Suess. Timo Boll was happy about his success: „Last year I couldn't participate in the Grand Finals due to a long compulsory break. That's why I'm especially happy that everything went well and my injury break didn't put any obstacles in my way. It helped that I could rely on my playing material, enabling me to get back to the top a lot faster. Now I'm in a good shape and will try to attack the best Chinese players in Macao.“

All in all, eight Butterfly athletes will hunt for medals and winner's cheques in Asia's player's paradise in January. Amongst them, next to Boll, are Japanese star Jun Mizutani, as well as South Koreans Oh Sang Eun, and Joo Se Hyuk. Bastian Steger also booked a Grand Finals ticket literally in the last second. The Frickenhausen local, who won his first singles medal in the semi final during the 2007 Austrian Open, climbed up the Pro Tour ranking list from 29th to 14th by scoring the silver medal in Warsaw. He took great pride in his last minute qualification: „The second place in Poland is the best result of my singles career. I'm glad that my finish was successful and I could even book a ticket to Macao.“

The hopes for gaining a gold medal in Macao remain with the duo Jun Mizutani/Seiya Kishikawa, who has dominated this year's Pro Tour with remarkable facility. All the more the Japanese players, who ended up third in the world cup, are aspirants for the title, because Chinese doubles do not participate in the Grand Finals of the Pro Tour due to their lack of tournament attendance. Much like Steger's finish in the



singles, Christophe Legout from France made his way into the Pro Tour Grand Finals at the side of his partner Abdel-Kader Salifou. In the female squat the number of „Butterflies“ will be bounded to Sayaka Hirano (the Japanese ace), Viktoria

Pavlovich (the White-Russian defence magician) and Tie Yana (Hong Kong). They all belong to the circle of medal aspirants.

The players will compete for an overall prize money of \$ 365.000 in Macao. Qualified are the 15 best male and female singles, and the 7 best doubles (male and female) of this year.

In addition, one wild card is granted to an athlete from Macao for each of the four competitions. Furthermore, the best eight players of the U21 competitors will compete in the Grand Finals. Among them are silver medallist from Warsaw, Daniela Dodean (Romania), Natalia Partyka (Poland), Ruwen Filus (Germany), Steffen Mengel (Germany), and Paul Drinkhall (England).

The following butterflies are qualified for the 2009 Grand Finals (January 7th – 10th in Macao):

Men's Singles:

Timo Boll GER, Jun Mizutani JPN, Oh Sang Eun KOR, Joo Se Hyuk KOR, Bastian Steger GER

Women's Singles:

Sayaka Hirano JPN, Viktoria Pavlovich BLR, Tie Yana HKG

Men's Doubles:

Seiya Kishikawa/Jun Mizutani JPN, Timo Boll (with Christian Suess) GER, Hielscher (with Patrick Baum) GER, Petr Korbel/Antonin Gavlas CZE, Adrien Mattenet (with Emmanuel Lebesson) FRA, Christophe Legout (with Abdel Kader-Salifou) FRA

Women's Doubles:

Tie Yana (with Jiang Huajun) HKG, Sayaka Hirano (with Hiura Reiko) JPN, Daniela Dodean (with Elizabeta Samara) ROU

U21 Men: Ruwen Filus GER, Steffen Mengel GER, Paul Drinkhall ENG

U21 Women: Daniela Dodean ROU, Natalia Partyka POL

New Coach for Borussia Düsseldorf

Wagner leaves - Heister will come



The German Table Tennis Record Champion Borussia Duesseldorf will have a new coach. The present coach leaves the club after six years and is heading for new challenges which he will announce at a later time. The new „Chief in the Hall“ will be the Dutch Danny Heister, who already played for Duesseldorf as an active player and now returns as a coach.

The 38 year old Wagner, married and father of two children, has achieved great successes with Borussia Duesseldorf. During his six years by the Rhine, of which he had the responsibility as a head coach for four years he won altogether five titles (2 x Championship, 1x Cup, 1 x ETTU Cup, 1 x Champions league): During the ongoing season further titles might follow.

„We want to give new impulses“ is the explanation of manager Andreas Preuss for the change. „You must be careful in a club, which is under so much pressure to be successful, that the structures are not freezing up. Even with a Timo Boll and a Christian Süss at the top the daily business doesn't run by itself. Dirk Wagner did a brilliant job and we are very grateful towards him.“

The Dutchman Danny Heister is taking over the work with the players. The 38 year old former professional was wearing the shirt of Borussia Duesseldorf from 2003 to 2007 and knows the club and its surroundings. At the moment he is the coach of the men's and junior teams from the Netherlands. „I like the role of a coach. It is a great honour to train a team like Borussia Duesseldorf but it is also a great challenge.

Here only titles count. I know what is demanded of me but I am confident that I can master these tasks.“ Borussia's top player, Timo Boll, believes in that too. „It is always good for us if a former professional is standing in the hall, because he knows exactly what we are thinking. Danny was a fighter when he was playing himself. If he can get his fighting spirit across we will all profit“, says the number four of the world.

During his active time Heister took part in three Olympic Summer Games (Atlanta, Sydney, Athens), he won a bronze medal in the doubles at the EC 2002 in Zagreb and was 11 times Dutch Champion between 1991 and 2008 and won about further 20 titles in the doubles and Mixed.



Cup & Concert

The secret is out. After there were some rumours around during the last weeks about some possible candidates the Final Four organizer contenthouse announced the musical top act of the German Final Tournament of the German League Cup on the 27th of December today and puts an end to all speculations. Culcha Candela (picture) is the group which has been hired and their songs have become quite popular by now. The seven musicians from Berlin landed number one hits with „Hamma“ and „Schoene Neue Welt“ and the new single „Monsta“ is just about to mix up the charts. Music and top athletes combined make this a promising event after Christmas in Dortmund, not only for table tennis fans. The Butterfly Team from Borussia Duesseldorf is also taking part, of course.

Adrian Crisan is now a butterfly



The line of Butterfly players has been extended by another international player: Adrian Crisan at the moment number 34 of the world is our new Butterfly player.

Photo: ITTF



人生卓球!

At well assorted distributors!

Size: 3XS - 4XL
Colour: black/lime
navy/royal
red/black
silver/black

www.butterfly-world.com



Dates

01. December - 2. December 2009

Europe Super Cup, St. Petersburg/
Russia

19. December - 20. December 2009

Volkswagen 2009 Tournament of
Champions, Changcha/China

07. January - 10. January 2010

Pro Tour: Grand Finals, Macao

20. January - 24. January 2010

Pro Tour: Slovenian Open, Velenje

06. February - 07. February 2010

LIEBHERR Europe Top 12,
Düsseldorf

Our Photo-Partners



Manfred Schillings

Imprint:

Editor + Contact

Yuki Kamizuru, 02841/90532-0

No liability for possible errors and omissions.

All prices are recommended retail prices.



ITTF World Ranking

Mens - Novembre 2009

1	WANG Hao CHN	16	ZHANG Jike CHN
2	MA Long CHN	17	KREANGA Kalinikos GRE
3	MA Lin CHN	18	CHUAN Chih-Yuan TPE
4	BOLL Timo GER	19	RYU Seung Min KOR
5	WANG Liqin CHN	20	LI Ching HKG
6	SAMSONOV Vladimir BLR	21	PERSSON Jörgen, SWE
7	HAO Shuai CHN	22	YOSHIDA Kaii JAP
8	MAZE Michael DEN	23	JIANG Tianyi HKG
9	Chen Qi CHN	24	XU Xin CHN
10	JOO Se Hyuk KOR	25	CHEN Weixing, AUT
11	MITZUTANI Jun JPN	26	GAO Ning SIN
12	OH Sang Eun KOR	27	PRIMORAC Zoran, HRV
13	OVTCHAROV Dimitrij GER	28	SÜSS Christian GER
14	SCHLAGER Werner AUT	29	TANG Peng HKG
15	CHEUNG Yuk HKG	30	KO Lai Chak HKG



ITTF World Ranking

Women - Novembre 2009

1	ZHANG Yining CHN	16	Li Jiao NED
2	GUO Yue CHN	17	CAO Chen CHN
3	LIU Shiwen CHN	18	WU Jiaduo GER
4	LI Xiaoxia CHN	19	FAN Ying CHN
5	FENG Tianwei SIN	20	DANG Ye Seo KOR
6	GUO Yan CHN	21	FUKUHARAAi JPN
7	WANG Nan CHN	22	SUN Bei Bei SIN
8	KIM Kyung Ah KOR	23	HIRANO Sayaka JPN
9	DING Ning CHN	24	PAVLOVICH Viktoria BLR
10	JIANG Huajun HKG	25	LI Jie NED
11	WANG Yue Gu SIN	26	LI Qian POL
12	PARK Mi Young KOR	27	LIN Ling HKG
13	LIU Jia AUT	28	TOTH Krisztina HUN
14	Li Jia Wei SIN	29	YAO Yan CHN
15	TIE Yana HKG	30	GAO Jun USA

Trinko Keen, Netherland

In top sports you must invest everything otherwise there is no outcome



Butterfly star Trinko Keen is not one of the small players in the professional table tennis circuit. With his height of 1.91m he is looking down on quite a few of his opponents. It is not only his appearance but also his playing potential which made him a player of the top 30 in the world during the last decade. In 1999 he was number 18 of the WRL, today he is ranked 69. The 38 year old left handed player is one of the great ones of Dutch table tennis. Together with Danny Heister who will be

head coach of the Butterfly team Borussia Duesseldorf in the coming season he has won many medals for the Dutch Table Tennis Association. His attitude and his fighting spirit earned him the acknowledgement of the spectators and respect from the opponents. Get to know more about an outstanding table tennis player who made his way.

Trinko, you have just become 38 years old. That means that you have been playing table tennis for quite a while.

Yes, you could say that. I think it must be thirty years now. I started when I was eight.

You come from a table tennis crazy family, or?

Well, my father was a table tennis coach and both my sisters played too. Table tennis is quite important in our family. Gerdie was once yice European Champion in the women and my older sister was several times Dutch youth champion. All this is long ago.

When did you think „I want to become a professional“?

Difficult to say but my last European Youth Championships went well and I had the target before that I wanted to give everything. When I noticed that I wouldn't be able to do that in the Netherlands I joined the TTC Juelich in the Bundesliga. This decision was very important for my further development. After my A-levels I started studying mathematics in Amsterdam. Although it went very well in the beginning I gave up soon because I thought that I couldn't combine that with table tennis. I took this decision easily. I look on that differently today. I think it might have been possible to do both.

That is very interesting. In the Butterfly News interview from..... the French national Butterfly player Adrien Mattenet reported about playing table tennis and studying IT in Paris simultaneously.

I heard about that – as I said – I think it is possible to go to university and play table tennis at top level.

At the time you decided to become a professional. You got to know many clubs and celebrated many successes. What was your greatest success?

That was the European Championships in Eindhoven in 1998, when I didn't lose a single in the team event and reached the semi-final in the singles. There I met Vladimir Samsonov, the former number one in the world. It was a great match and I came close to winning. At that time I played very good table tennis and had a very good season. I was ranked between twenty and thirty for more than a decade on the world ranking list.

In the Netherlands you are the most successful player of all times?

That may well be, I didn't count my national titles. But I must say that Danny Heister was a great rival on the same level and this was very motivating.

In Stuttgart at the EC 2009 you met Vladimir Samsonov again and lost without a chance. I got the impression that you were more occupied with yourself than with the opponent. You looked very dissatisfied. You surely played quite a few times against Vladi?

Many times, but not so often recently. Being dissatisfied didn't have anything to do with my opponent. I wanted to play well - that is why you practice – and I didn't succeed in that against Vladi.

After 30 years with table tennis you are still highly motivated and want to be at your best. Where do you get this motivation from?

Yes, of course, I am still very motivated but differently. Table tennis is no longer the only thing in my life. Now I do other things too and don't practice twice a day any more. I am curious how that will turn out.

What other things are you doing now?

I am a member of the National Olympic Committee as a player and I work part – time for an institution which enables disadvantaged youngsters to take part in sports in a club.

This hints towards an end of your career. Are you going to put down your bat?

I make a new decision every year. Internationally I declared my resignation last year already. Then I made an exception for the Euros in Stuttgart. But I will definitely not play at the Single World Championships 2011 in Rotterdam even if it is a WC on home ground.

Now let's have a look at Dutch table tennis. Holland is not one of the smallest associations with 30.000 members in Europe. What is the situation like there?

From the point of organisation the NTTB has improved a lot in the table tennis sport. When I think back to my time as a junior we had to organise our trips to foreign countries ourselves. But what the young players in Holland are lacking today is total motivation. If you don't really want it and you don't want to be better than the others, then you will never make it to the top. Generally there are more good players in Europe but not at the top. Holland is just falling behind.

Motivation can't be the only reason?

Of course not. You must invest everything in top sports or there is no outcome. This attitude is fostered already at a young age in the clubs. The one, who sows well, will harvest well. This is no criticism on the young players but they lack the final will.

Now let's talk about the international development of the table tennis sport. Without doubt we have made good progress and the EC 2009 in Stuttgart was proof for the fantastic presentation of our sport. Despite that the dominance of the Chinese is gnawing at the attraction of our sport. How do you look at this development?

Naturally this is a problem but we had phases like that before. Then the Swedes managed to break this dominance and other European players and countries followed until the Chinese took over the thrown again after the Europeans won the WC 2003 with Werner Schlager. At the moment Germany is the European challenger of China. There should only be one target, and that is to beat the Chinese. The Germans could manage this. The dominance of the women is far greater but everything can change. The best solution for the problem is to become better.

Trinko, thirty years of table tennis is a long time. What is the special attraction to play on such a high level for so long?

It is the control of the body and the ball. When you are playing well, everything is easy and simple. If you are playing bad, everything is difficult. The feeling of playing well is simply fun.

On the other hand is there something which really bothers you and you would like to change?

I can't say that anything bothers me in particular. In China, Japan, Germany and a few other countries table tennis is presented very professionally. You have to use these events to promote table tennis even more around the world. In many countries there is still not much happening. That is not the fault of the ITTF, but if, it can only be the world federation which can change something here. Otherwise the other countries won't wake up.

At the end let's have a preview on the Single World Championships in Rotterdam, your home. What expectations do you have?

I don't want to talk about expectations. There are surely some good plans to advertise the WC in the Netherlands and the neighbouring countries. The main target must be that there are more children playing table tennis in Holland after the WC. The organisation of the event is in good hands with Tom van Happen. I don't see any problems there.

Material Talk with Taisei Imamura

Part 1: At the moment TENERGY 05 is the fastest rubber



Butterfly employee Taisei Imamura (52) is not only one of the best material experts in table tennis sport he also looks after all the prominent Butterfly players and thus receives a lot of feedback about Butterfly material. This is passed on by the Japanese, who is working at the Butterfly European office in Moers, to the Butterfly research department in Tokyo to improve Butterfly products – particularly rubbers and blades – even further. In this conversation he explains why the TENERGY rubbers („05“ model) which was presented for

the first time in May 2008 became a success story. Naturally he also explains for whom which of TENERGY is most recommendable. Last but not least he advises us on Butterfly blades which are especially suited to the TENERGY rubbers.

Butterfly has written a unique success story with the new top rubbers of the TENERGY series. The TENERGY 05 was first brought on the market in May 2008 that means shortly before the glue ban in September 2008 and it was a great success straight away. Among the professionals it was the most successful and most favourite rubber very quickly. What makes the TENERGY so exceptional?

It is the SPRING – SPONGE – technology which provides the TENERGY with such unique abilities. The SPRING – SPONGE develops an enormous dynamic especially against balls with topspin. If the ball goes deeply into the sponge it is possible to return it with the same if not more spin. With other rubbers the ball very often slips a bit

downwards and loses spin and speed. In opposite to that the TENERGY balls have a lot of spin and speed. One more remark for better understanding is that the so called „little“ techniques like the service or the push is mainly played with the surface which has most influence on the ball. The sponge plays a minor role here because the ball doesn't go so deep into the sponge because it hits the bat with less speed. In any case the TENERGY 05 is at the moment the fastest and most aggressive rubber if no glue and booster is used.

Meanwhile BUTTERFLY has brought two more TENERGY rubbers on the market, the TENERGY 64 and the TENERGY 25. What is the difference?



The TENERGY 05 is mainly used for the game close to the table against a lot of topspin. Timo Boll and Werner Schlager both use it on both sides and their aggressive way of playing stresses our recommendation. The TENERGY 64 produces its power and force more from half – distance. Jun Mizutani who loves to play away from the table plays successfully with this version. Many Koreans who prefer playing away from the table use the 64. In Europe most of the players prefer the 05. Recently we observed that a few of players combine both TENERGY varieties. They play the 05 on their forehand side and the 64 on the backhand. That is not in opposite to our recommendations but the TENERGY 64 gives you a softer feeling for the ball and is particularly suited for the above mentioned „little“ techniques. The TENERGY 25 finds its followers in players who play close to the table with a lot of pressure, precise and a lot of control.

TENERGY 05 and 64 have developed to absolute top rubbers at professional level.



The TENERGY 05 and 64 are not only available with a 2,1mm sponge but also with a 1,7mm and 1,9mm version. One example is Viktoria Pavlovitch, the finalist of the EC 2009, who plays with TENERGY 05 1,7mm on her forehand and defends and attacks with it. It has a lot of grip. The 1,9mm sponge should also be very interesting for many amateurs, because it is easier for control. Many players who have not yet developed their technique completely and lack consistency

often make the mistake to play with a sponge which is too thick. With the right thickness the TENERGY rubbers are not suitable for everybody but for many players of all levels. That is not a contradiction. Our legendary SRIVER was used by world champions and players in the lowest leagues. That was its secret of success.

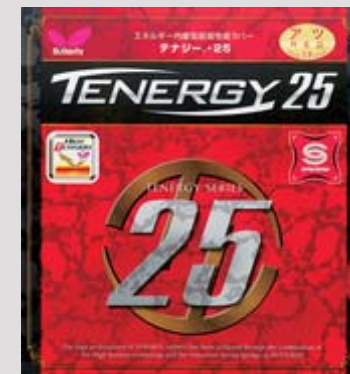
It is well known that the TENERGY rubbers because of its new sponge structure are a little bit heavier than comparable Butterfly rubbers. Do you recommend a particular blade because of that?

The TENERGY rubbers are indeed a bit heavier, about 3 grams per side. Some notice that, others don't. In the end it doesn't matter because by choosing the right blade you can compensate the added weight easily. I can also report from top players that many of them continued playing with the TENERGY on their old blade, but some other TENERGY

players changed to a new lighter blade. It is quite simple; every player prefers a certain weight of the whole bat. Then every gram is deciding and top players are quite sensitive here.

Which blades can you recommend?

First of all there is the Michael Maze OFF and the TIMO BOLL SPIRIT OFF which both contain the highly rated ARYLATE – CARBON construction and by this combine high speed with relatively little weight. Both develop combined with the TENERGY rubbers excellent playing abilities. Also the TIMO BOLL ALC OFF and the TIMO BOLL ZLC OFF are an excellent combination with the TENERGY. One more blade which must be mentioned is the KORBEL SK7. This classical 7 layer blade construction is with 95g relatively heavy but it shows brilliant qualities from half – distance with the TENERGY. For players with a lot of power this is definitely recommendable.



New Series!

Timo Boll's game opening

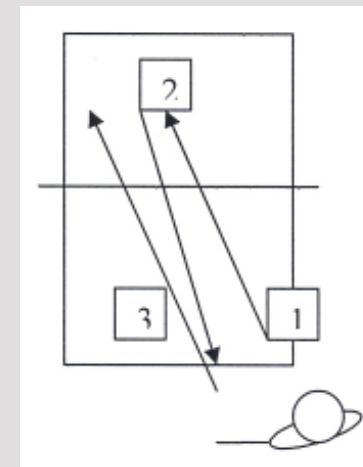
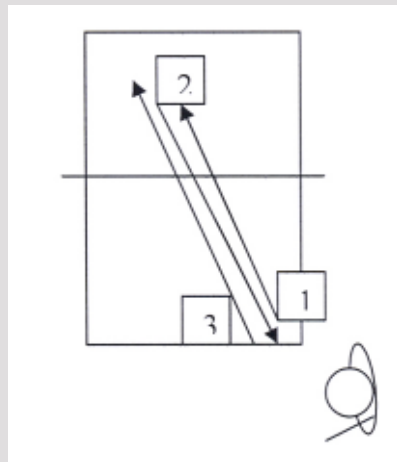
Part II: Forehand – Topspin with parallel feet and with a shift of sides from the hips



In the last Butterfly News issue we presented the classical game opening of Timo, which all offensive players must master. Ill. 1 shows the standard situation:

- 1- Serve diagonal to the middle of the table or backhand
- 2- Return long to the backhand of the server
- 3- Turn round and forehand topspin diagonal to the forehand of the opponent

The start of this game opening is similar only that Timo opts for another service variety and the return does not go to the far backhand but to the middle of the backhand or the middle of the table (ill. 2). This doesn't become quite clear from the pictures. In any case Timo doesn't have enough time to jump around to the backhand side or to take a sidestep to the middle of the table to play a backhand topspin. What he is showing us here is a forehand topspin with parallel feet and extreme shifting to the side from the hips. This looks so simple but it is a very demanding coordinative achievement. But look and read for yourself.



13 Technique tips

Pictures 1-4- Service phase: Timo serves from his typical service position with the forehand square to the table (picture 1). The thrown up ball is falling down already. Timo moves away his right arm to the side following the service rules. The elbow is in height of the shoulder. That provides a wider range of movement for the forearm. The wrist is bent backwards and up. The angle of the bat is almost vertical. On picture 2 we see that Timo has hit the ball already. The bat is almost vertical and the direction hints on a side-backspin serve. It is very noticeable how „deep“ he goes into the ball. If we compare picture 1 and picture 2 we recognize how he is lowering his body which is compensated with his front right leg at the end of the service. Timo follows the serve with his eyes while he pushes off with his right foot to get into the game position. The ball roughly bounces in the middle of the table which leads to the conclusion that the placement is short and very low (pictures 3 and 4).



14 Technique tips

Pictures 5-8 – Transition phase: Timo turns towards the table and he is still standing on his right leg (picture 5). At the same time he changes his grip from the service grip to the neutral grip (compare picture 5 and 6). On picture 6 Timo has shifted his main body weight towards the left leg and is starting to move the right leg backwards. On picture 7 Timo has reached his stroke position and his feet are parallel. He hops in between which indicates the start of the following ball. Now we need to look at Timo's grip. Picture 7 shows his typical forehand grip which indicates that Timo wants to use his forehand. But picture 8 shows that he suddenly changes to a backhand grip so he obviously wants to use his backhand. Now we can also see the ball again. It seemed to be placed in the middle of the table or to the middle of the backhand side.



15 Technique tips

Pictures 9-12 – Main phase: What is happening now is world class, because Timo changes from backhand to forehand in the last second. He changes his movement pattern. The question of why he is doing this can only be speculated upon. He has probably estimated the length of the ball wrongly. He has expected a different rotation and thinks it is better to answer with a forehand topspin. Whatever motivated Timo to the following forehand topspin is a movement which should not only be mastered at top level. Timo lacks time to move into a sideways position for the forehand topspin and remains standing parallel. He lowers his upper body by bending his knees and takes his bat backwards and down. Picture 10 shows us the whole art of this topspin variety. He twists his upper body at the hips to the left side (starting impulse). By that he gains space for the stroke. Simultaneously he lowers his body by bending his knees. His body weight is slightly more on his left leg (heel). The front foot takes the weight of his right leg. At this moment the playing arm is at the end of the staring phase. The whole art of this topspin technique becomes even more impressive on picture 11. Timo has hit the ball already. He shifted his body weight from his left to his right leg. The straight upwards directed stroke movement and the nearly vertical bat position indicates that the ball coming towards Timo had a lot of backspin. Already on picture 11 it is clear that Timo will end up leaning far backwards. It is a position, which will cause a direct mistake or definitely lead to a mistake with the next stroke because the muscles of a player are not strong enough to keep the balance from such an extreme position. Picture 12 shows us Timo's exceptional physical abilities: extremely low and in a dangerous back position with a fantastic back swing of the bat he keeps his balance. His athletic abilities make this possible: power strength coordination and flexibility. At the same time this movement that table tennis has reached the borderlines of pressure. There is a reason for Timo's permanent problems with his back.



16 Technique tips

Pictures 13-15 – transition phase: it is very impressive how Timo manages to get back into the neutral position after an extreme position in picture 12. No further commentary is necessary here.



17 Butterfly inside

Six WC medals for the German Racketlon players

Twice gold, twice silver, twice bronze – the German Racketlon players got second place on the medal ranking behind Poland at the INTERSPORT Racketlon world Championships in Loehne. „We can be very satisfied with that“, said the sports manager of the German Association, Alexander Koepf about the results in his own country: „In comparison to the last WC in Fuerth we improved a lot.“

„The World Championships in the „Kaiser-Center“ in Loehne went perfectly“, said Marcel Weigl, the president of the International Federation, at the end of the three days lasting fights for the titles with more than 400 participants in the singles and a record entry of 15 national teams.

Not only from the point of organisation but also from a sporting view was this World Championships advertising for our upcoming trendy sport. Marcel Weigl: „We saw Racketlon on the highest level in many competitions in Loehne. Especially the team events and the deciding matches in the top classes were sporting highlights.“



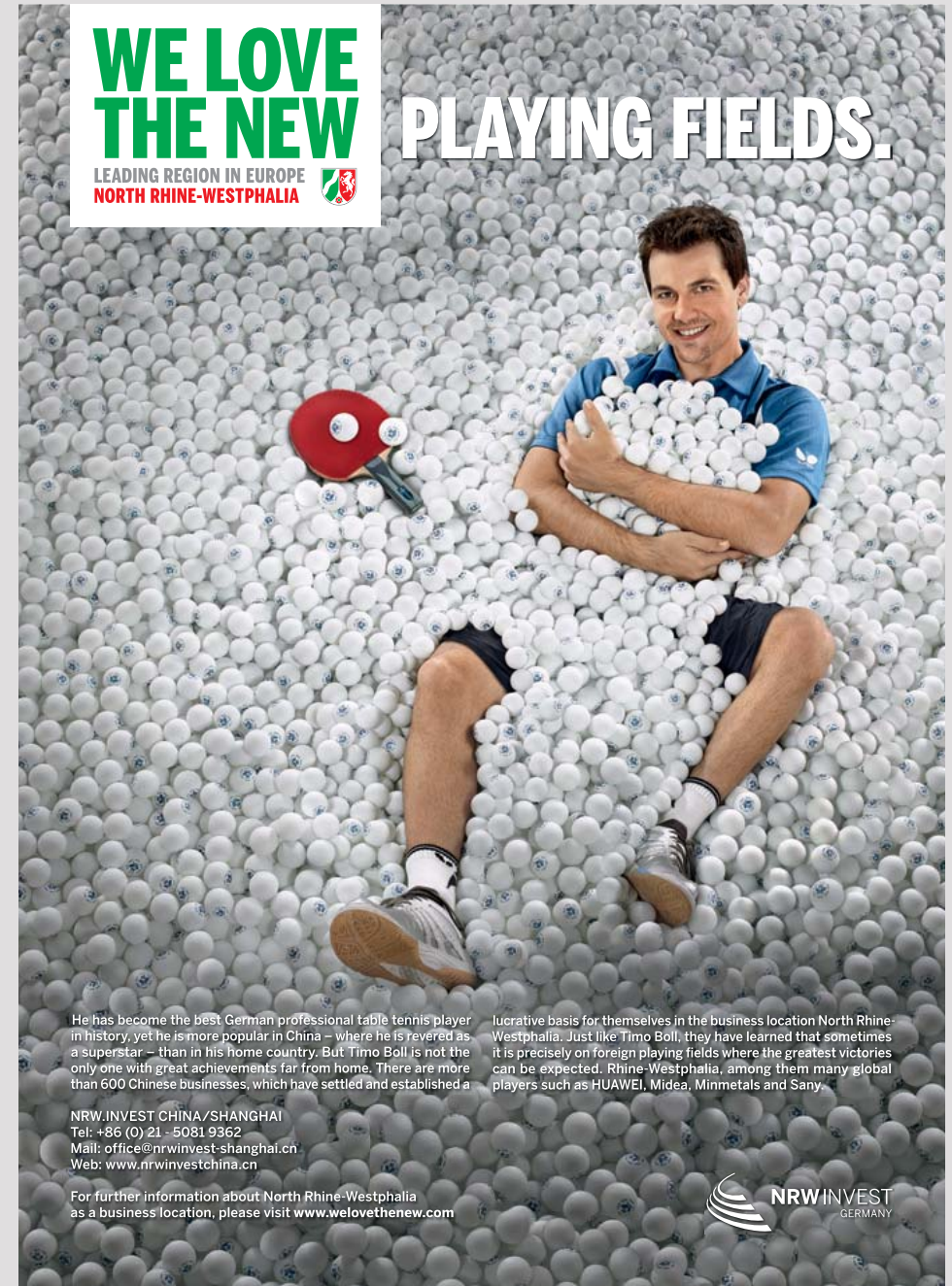
Germany (equipped by Butterfly and Oliver -Photo) with Alexander Koepf, Silke Altmann, Elmar Schaub und Thorsten Deck lost already in the quarterfinal against Czech. A big surprise was Poland, who won the title in the team event. After a clear victory against Switzerland followed defending champion Sweden and then Finland in the semi-final before the number one seed Austria was beaten in a four hour lasting final.

Men

1. Christoph Krenn (A)
2. Mikko Krarkkainen
3. **Joey Schubert (A) (Butterfly)**

Women

1. Michaela Bjoernstroem (F)
2. Marielle van der Woerd (NL)
3. Martina Kaskasova (CZ)
4. Silke Altmann (D)



WE LOVE THE NEW PLAYING FIELDS.

LEADING REGION IN EUROPE
NORTH RHINE-WESTPHALIA

He has become the best German professional table tennis player in history, yet he is more popular in China – where he is revered as a superstar – than in his home country. But Timo Boll is not the only one with great achievements far from home. There are more than 600 Chinese businesses, which have settled and established a lucrative basis for themselves in the business location North Rhine-Westphalia. Just like Timo Boll, they have learned that sometimes it is precisely on foreign playing fields where the greatest victories can be expected. Rhine-Westphalia, among them many global players such as HUAWEI, Midea, Minmetals and Sany.

NRW.INVEST CHINA/SHANGHAI
Tel: +86 (0) 21 - 5081 9362
Mail: office@nrwinvest-shanghai.cn
Web: www.nrwinvestchina.cn

For further information about North Rhine-Westphalia as a business location, please visit www.welovethenew.com

NRW INVEST GERMANY

5th International Butterfly Table Tennis Summercamp of the Hessian Table Tennis Federation

TRAIN LIKE THE PROS

2010 – A STORY OF SUCCESS WILL BE CONTINUED

16TH TO 22TH OF JULY 2010
SPORT SCHOOL OF LSB IN FRANKFURT/M.

After the great success in the previous years, the Hessian Table Tennis Federation with its partner Tamasu Butterfly offer in 2010 any Table Tennis player the opportunity to train under **HTTV-head coach Helmut Hampf** and his team professionally.

Costs and Logis in EUR/Person	Full board 3-bedded room	Full board 2-bedded room	Full board Single room	Training and Logis (Lunch and Diner)	Training only
16 th to 22 th of July 2009 6 Overnight Stays	560,-	610,-	670,-	390,-	310,-

Program: Arrival at Friday 16th of July 2010 until 14:00 h. Departure on Thursday 22th of July 2010, from 14:00 h. Daily 2 trainings units of 2 to 2-1/2 hours and on the day of departure 1 unit are scheduled. From Friday to Tuesday evening physical training or swimming and sauna are possible.

- Training groups for all ages and levels
- Video-Analysis
- Many-Balls Training
- Material Consultation
- Service Schooling
- And much, much more ...

Registration latest until 1st of May 2010 at the main office of the HTTV. The registration is only confirmed after the fee has been transferred to the HTTV-account. The number of participants is limited to 40.



Information and Registration at the Hessian Table Tennis Federation, Post Box 1140,
35411 Pohlheim, Germany, e-mail: geschaefsstelle@httv.de or at www.httv.de

